

# **Teton Middle School**

## **Course Syllabus: Health**

**Mr. Foster/Ms. Krumpen**

### ***Description:***

The health curriculum is designed to provide students with the information needed to make good healthy decisions. The units covered in this course will focus on motivating each student to voluntarily take a role in protecting, maintaining, and improving their health through responsible actions and decisions. Learning that decision-making is the single most important aspect of your overall health.

### ***Course Objective:***

The goal of this course is to provide students with the knowledge and resources they need to make responsible and well informed decisions about their health. Students will learn to apply this knowledge to their physical, emotional/mental and social health.

### ***Course Expectations:***

The course will focus on the Idaho State Standards for health as well as the Common Core Standards for learning. The emphasis for the curriculum will be on health knowledge, attitudes and problem solving skills. Students will be graded throughout the quarter on projects, assignments, exams, small group discussions, role-play activities and daily participation.

### ***Materials Needed:***

Students will need a spiral notebook, planner and pencil. All of these items are required everyday for class. Health textbooks will stay in the classroom.

### ***Grading Procedures:***

Points will be awarded accordingly for preparedness, participation, assignments, class work, group work, exams and projects. Every point earned will be totaled and divided by the total points possible to create your final grade.

### ***Absences:***

For each day's excused absence, students will have two days to make up missed work. It is the responsibility of the student to see that make up work is done outside of the regular class period.

***Please sign and return:***

PRINTED STUDENT NAME:

\_\_\_\_\_

We have read and reviewed all of the information listed above.

Parent/Guardian Signature: \_\_\_\_\_

Date \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date \_\_\_\_\_

Phone number where parent/guardian can be reached \_\_\_\_\_

E-mail address \_\_\_\_\_